

### **Key Vocabulary**

habit
cigarettes
drugs
pressure
alcohol
vapes
weigh up risk
influence
privacy settings
assertive
cyberbullying
decision
social norms
assessing risk
e-cigarettes

PDL Knowledge Organiser		
•	•	Golden Thread Keeping Safe

# **Key Questions:**

### Managing Risk, Including Staying Safe Online

What risky situations can happen online? What can someone do to make the situation less risky? What can influence a person to take risks online? Does everyone have a choice whether to take risks online?

### Norms Around Use of Legal Drugs (Tobacco, Alcohol)

Do lots of young people choose to smoke? Why do some people think that lots of young people smoke? Can knowing the true percentage (3%) influence people's choice about smoking? How?

What key skills will I have by the end of this journey?

I can suggest what someone should do when faced with a risky situation.

I can protect my personal information online. I can recognise disrespectful behaviour online.

I can identify the risks in a specific situation (including emotional risks).

I can discuss social norms relating to cigarettes and what may influence a person's decision to not smoke.

I can support someone who is being bullied.

What key knowledge will I have by the end of this journey?

To reflect on risk and the different factors and outcomes that might influence a decision.

To reflect on the consequences of not keeping personal information private and the risks of social media.

To explore categorisation of drugs, the risks associated with medicines.

To learn some key facts and information about drugs and medicines.

To recognise the features of face to face and online bullying and the strategies that deal with it.

## Links to previous and future learning

#### In Year 3

I can say what I could do to make a situation less risky or not risky at all.

I can say why medicines can be helpful or harmful.

I can tell you a few things about keeping my personal details safe online.

I can explain why information I see online might not always be true.

### In year 4

I can give examples of people or things that might influence someone to take risks (e.g. friends, peers, media, celebrities), but that people have choices about whether they take risks.

I can say a few of the risks of smoking or drinking alcohol on a person's body and give reasons for why most people choose not to smoke, or drink too much alcohol.

I can give examples of positive and negative influences, including things that could influence me when I am making decisions.

### In Year 5

### In year 6

I can explain why emotional needs are as important as physical needs and what might happen if a person doesn't get their emotional needs met.

I can explain some ways of making sure that I keep myself safe when using a mobile phone, including safety around sharing personal information or images, and that there are laws relating to this. I can explain why some people believe that more young people drink alcohol than actually do (misperceive the norm).