



Key Vocabulary

choice
civil partnership
enjoy
marriage
love
puberty
live together
uncomfortable feelings
compromise
share

PDL Knowledge Organiser

Year group: 4

Topic link:
Growing and
Changing

Golden Thread
Staying safe
Building
Relationships

Key Questions:

Managing Difficult Feelings

What feelings might someone have during puberty?
Why might someone have difficult feelings during puberty?
What are good ways to compromise?

Relationships, Including Marriage

Why do some people choose to get married?
Who can get married and how old do they need to be?
Why do some people choose to have a civil ceremony?
Why do some people choose to live together?

What key skills will I have by the end of this journey?

I can describe how change can make a person feel (both negative and positive).

I can explain why some people choose to get married, have a civil ceremony or live together.

What key knowledge will I have by the end of this journey?

To identify the different emotional reactions to different types of change and discuss.

To discuss the reasons why a person would want to be married, or live together, or have a civil ceremony.

To know that marriage should be entered into freely.

Links to previous and future learning

In Year 3

I can name a few things that make a positive relationship and some things that make a negative relationship. I can identify when someone hasn't been invited into my body space and show how I can be assertive in asking them to leave it if I feel uncomfortable.

In year 4

In Year 5

I can explain what resilience is and how it can be developed.
I can list ways that I can prepare for changes (e.g. to get the facts, talk to someone).
I am able to identify when I need help and can identify trusted adults in my life who can help me.

In year 6

I can give an example of a secret that should be shared with a trusted adult.
I can tell you some emotional changes associated with 'puberty' and how people may feel when their bodies change.
I can give examples of other ways in which the way a person feels about themselves can be affected (e.g. images of celebrities).