



Key Vocabulary

angry
relationships
body space
touch
assertive
jealous
trust
respect
uncomfortable
caring
upset
healthy
puberty

PDL Knowledge Organiser

Year group: 3

Topic link:
Growing and
Changing

Golden Thread
Staying safe
Building
Relationships

Key Questions:

Relationships

Can a relationship be positive? How?

How can a relationship be negative?

What can someone do to make a friendship healthy?

Keeping Safe

What is someone's 'body space'?

When is it ok to go into someone's body space?

If someone wants another person to leave their body space, how can they ask them to leave?

If someone feels uncomfortable, who can they talk to?

What key skills will I have by the end of this journey?

I can explain what body space is and how it feels when someone is too close to me.

I can tell you some of the different relationships I have.

I can tell you what qualities a healthy positive relationship has.

What key knowledge will I have by the end of this journey?

To identify the meaning of 'body space' and when it is appropriate or inappropriate to allow someone into their body space.

To identify the different types of relationships people have and their different purposes and qualities.

To identify what makes a positive relationship and what makes a negative relationship.

Links to previous and future learning

In Year 3

In year 4

I can list some of the reasons why a teenager might have these difficult feelings (e.g. conflict with parents).
I can tell you why people get married.

In Year 5

I can explain what resilience is and how it can be developed.
I can list ways that I can prepare for changes (e.g. to get the facts, talk to someone).
I am able to identify when I need help and can identify trusted adults in my life who can help me.

In year 6

I can give an example of a secret that should be shared with a trusted adult.
I can tell you some emotional changes associated with 'puberty' and how people may feel when their bodies change.
I can give examples of other ways in which the way a person feels about themselves can be affected (e.g. images of celebrities).