

P.E.

Year 5 – Rounders



About this Unit

Rounders is a striking and fielding game. The game has one fielding team and one batting team. Both teams will play one round, called an 'innings', as fielders and once as batters. Batters score by running around the four bases on the field.

Knowledge & Skills

Knowledge:

Striking: Stance is important to allow you to be balanced as you hit

Fielding: Backing up a fielder as a ball is being thrown will help to increase the chances of fielding successfully.

Throwing: Look where the batter is before deciding where to throw.

Catching: Use a close catch when the ball is coming straight at you and a deep catch when it is dropping from high.

Skills:

I am beginning to strike a ball with a rounders bat.

I am developing a wider range of fielding skills and I am beginning to use these under some pressure.

I understand the need for tactics and can identify when to use them in different situations.

I understand there are different skills for different situations and I am beginning to use this.

Golden Threads

Motor competence – Manipulate objects

- Throw
- Catch
- bowl
- Bat
- Field

Healthy participation

How will this unit help your body?

Agility, balance, co-ordination, speed.

Rules, strategies and & tactics

OUTS

A player will be called out if they are:

- Caught out: fielder catches a batted ball
- Run out: their teammate runs to the same post as them
- Stumped out: fielder stumps the post that the batter is running to
- They run inside the bases

HOW TO SCORE

- One rounder = ball is hit and live batter runs to 4th
- A half rounder = ball is hit and live batter gets to 2nd
- A half rounder = ball is not hit and live batter gets to 4th
- A half rounder = two consecutive no balls

There are batting and fielding tactics and these will change depending on the situation. Eg a batter could send the ball high and long if fielders are close, or between the bowler and backstop to cause confusion. Fielders could stop the batter by sending the ball to the bowler or go to stump them out.

YEAR 3

I can bowl a ball towards a target.

I am beginning to strike a bowled ball.

I am developing an understanding of tactics and I am beginning to use them in game situations.

I can use overarm and underarm throwing and catching skills.

YEAR 4

I can bowl a ball with some accuracy, and consistency.

I can communicate with my teammates to apply simple tactics.

I can strike a bowled ball with adapted equipment (e.g. a tennis racket).

I can use overarm and underarm throwing and catching skills with increasing accuracy.

YEAR 5

I am beginning to strike a ball with a rounders bat.

I am developing a wider range of fielding skills and I am beginning to use these under some pressure.

I understand the need for tactics and can identify when to use them in different situations.

I understand there are different skills for different situations and I am beginning to use this.

YEAR 6

I can strike a bowled ball with increasing consistency.

I can use a wider range of skills with increasing control under pressure.

I can work collaboratively with others to get batters out. I can work in collaboration with others so that games run smoothly.

I understand and can apply some tactics in the game as a batter, bowler and fielder

Key vocabulary

Backing up: To move position to support

Close catch: Having both hands relatively close to the body to catch, little fingers together

Deep catch: Catch a ball from height, thumbs together in front of head

Long barrier: A fielding action used to stop a ball coming at speed

Short barrier: Creating a barrier with hands in front of feet to stop a ball travelling at slow speed

Stance: The body position taken