



## Tregoyd Kit List 2019

- Sleeping bag, pillow and pillow slip
- Pyjamas
- Toiletries including: toothpaste and brush, shampoo, soap, lip balm, anti-perspirant - **no aerosols please**
- 2 Towels
- Hat
- Sun lotion
- Lots of spare underclothes and socks.
- T shirts
- Several sweatshirts/fleeces
- Trousers - long trousers must be worn for all climbing activities. Shorts may be required if weather permits but must cover the thighs.
- Plenty of comfortable clothing that can get dirty
- Swimwear (for water activities)
- Sturdy footwear (more than one pair will be required) - walking boots/trainers (Children cannot wear pumps on the mountain hike although strong trainers will be allowed)
- Old trainers - reserved for wet activities or muddy activities
- Waterproof coat (waterproof trousers may be useful)
- Small backpack or bag for journey
- Torch (new batteries or spare batteries may be useful)
- Watch or small clock (there are no clocks in the dormitories)
- Water bottle (needed for activities)
- 2 black bin bags for returning muddy/wet and dirty clothes
- Stamp, if you wish your child to send you a postcard (stamps are not sold)
- Pen
- Well-chosen reading book(s) are recommended
- Teddy
- Cameras may be taken but must be clearly named and staff will not accept responsibility for their loss or damage. These cannot be mobile phone cameras
- Hair scrunchies (or similar) will be required for long hair, which must be tied back.
- **No mobile phones or electronic devices, please. If we find that a phone has been brought along this will be confiscated by a member of staff. Staff will be in regular contact with DJS who will post daily news updates on the school's website.**

Please label all items clearly with your child's name.

**\*No medication of any kind to be kept by your child (other than one blue inhaler)**