

WEEK 1

WEEK STARTING:
 November 1
 November 22
 December 13
 January 17
 February 7
 March 7
 March 28



MONDAY

CHOOSE FROM
 (V) Vegan spaghetti Bolognese
 Pork sausage roll with diced potatoes
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Fruit salad with vanilla ice cream

TUESDAY

CHOOSE FROM
 (V) Vegetarian sausages, mashed potato and gravy
 Creamy chicken pasta
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Chocolate pudding

THURSDAY

CHOOSE FROM
 (V) Vegan mince and potato pastry parcel
 Sliced beef and Yorkshire pudding
 ON THE SIDE
 Vegetable of the day, roast potatoes and gravy
 TO FINISH
 Rice pudding topped with fruit compote

WEDNESDAY

CHOOSE FROM
 (V) Margherita pizza with crinkle cut wedges
 Chicken curry with a blend of brown and white rice
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Freshly baked oat and sultana cookie

FRIDAY

CHOOSE FROM
 (V) Somerset cheddar cheese and tomato Quesadilla
 Baked fish fingers
 ON THE SIDE
 Vegetable of the day and chips
 TO FINISH
 A choice of cold desserts

WEEK 2

WEEK STARTING:
 November 8
 November 29
 January 3
 January 24
 February 14
 March 14
 April 4

Our primary school menus comply with the Government's food and nutritional standards, meeting an average of 530 calories for each meal

MONDAY

CHOOSE FROM
 (V) Sweet potato and lentil curry with a blend of brown and white rice
 Pork sausages, mashed potato and gravy
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Fruit salad with vanilla ice cream

TUESDAY

CHOOSE FROM
 (V) Macaroni cheese with Somerset cheddar
 Lemon and herb marinated chicken with couscous
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Fruit crumble and custard

THURSDAY

CHOOSE FROM
 (V) Vegan cottage pie with gravy
 Turkey meatloaf with mashed potato and gravy
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Jam and coconut sponge

WEDNESDAY

CHOOSE FROM
 (V) Margherita pizza
 (V) Vegetable goujons
 ON THE SIDE
 Vegetable of the day and crinkle cut wedges
 TO FINISH
 Freshly baked gingerbread

FRIDAY

CHOOSE FROM
 (V) Free range omelette filled with Somerset cheddar cheese and sliced tomato
 Baked battered fish
 ON THE SIDE
 Vegetable of the day and chips
 TO FINISH
 A choice of cold desserts

WEEK 3

WEEK STARTING:
 November 15
 December 6
 January 10
 January 31
 February 28
 March 21



MONDAY

CHOOSE FROM
 (V) Cheese and onion pasty with potato wedges
 Spaghetti and turkey meatballs
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Fruit salad with vanilla ice cream

WEDNESDAY

CHOOSE FROM
 (V) Margherita pizza with crinkle cut wedges
 Chicken and vegetable fried rice with curry sauce
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Freshly baked chocolate orange shortbread

TUESDAY

CHOOSE FROM
 (V) Tomato pasta
 Bubble salmon and diced potatoes
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 Love cake

THURSDAY

CHOOSE FROM
 (V) Homemade vegetarian toad in the hole
 Roast chicken and Yorkshire pudding
 ON THE SIDE
 Vegetable of the day, roast potatoes and gravy
 TO FINISH
 Chocolate brownie

FRIDAY

CHOOSE FROM
 (V) Vegetable and bean burrito
 Baked fish fingers and chips
 ON THE SIDE
 Vegetable of the day
 TO FINISH
 A choice of cold desserts

DOWNLOAD OUR CALENDAR AND STREETS MENU OPTIONS HERE www.hants.gov.uk/hc3s

(V) Vegetarian * Crown Foods MSC Gluten Free Bubble Coated Salmon Fillets - Gold Award British Frozen Foods Federation Annual Awards 2017
 (V) Vegan * Langford's Welsh Sausage Co Ltd gold award winning pork and herb sausage - BPEX Foodservice Pork Sausage of the Year 2013

All menu items are subject to change, based upon availability in the event of unforeseen circumstances.

NOVEMBER 2021							DECEMBER 2021							JANUARY 2022							FEBRUARY 2022							MARCH 2022							APRIL 2022									
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa			
	1	2	3	4	5	6				1	2	3	4							1				1	2	3	4	5				1	2	3	4	5							1	2
7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12	3	4	5	6	7	8	9			
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19	10	11	12	13	14	15	16			
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26	17	18	19	20	21	22	23			
28	29	30					26	27	28	29	30	31	23	24	25	26	27	28	29	27	28						27	28	29	30	31			24	25	26	27	28	29	30				