Learning Power	Learning Behaviour
To be curious	 Asks questions Notices things Looks for patterns and connections Thinks of possible reasons Researches Ponders – what if? Is creative
To concentrate	 Manages distractions Gets lost in their learning Breaks things down into smaller steps Focuses on one thing at a time Looks for patterns and connections Plans and thinks things through Jots things down to help them think
To be resilient	 Uses a growth mindset Does not worry if it goes wrong Learns from their mistakes Is excited to try new things
To co-operate	 Listens to others Explains things to help others Is kind when you disagree Is tolerant Works together
To self-improve	 Keeps reviewing their learning Improves one thing first Tries to be better than last time Takes small steps Does not compare themselves to anybody else