



# Denmead Junior School

Building success, inspiring curiosity

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Monday 21<sup>st</sup> September 2020

Dear Parents and Carers,

### Outdoor Activity Sharing Invitation

At Denmead Junior school we promote healthy lifestyles for all our children. In school this includes: opportunities for outdoor learning, running our daily mile, discussions about a balanced diet, bikability sessions for upper school, participating in 'Walk to school week', maintaining a positive outlook and links to our PDL work.

We are also aware of some fantastic, healthy activities our children engage in with their families (outside school) and would love to inspire other children by sharing some of these adventures with the rest of the school during our digital sharing assemblies or on display within the school. Examples we know about include going for a nature walk around Billy's lake, den building in Creech woods or travelling on a family bike ride along part of the Meon Valley trail.

If you'd like to be involved, please email Mrs Burton via [s.burton@denmead-jun.hants.sch.uk](mailto:s.burton@denmead-jun.hants.sch.uk) in the office to share the area you visited (local to Denmead), the activity you were involved in and ideally a photograph of the action.

Thank you in anticipation.

Kind regards,  
Mrs Pettit – Healthy Lifestyle Lead

