



# HAVING WORRIES ABOUT MOVING TO SENIOR SCHOOL?



**INTRODUCING ...  
OFF THE RECORD'S NEW  
MANAGING TRANSITION  
EMOTIONS WORKSHOP**

**A WORKSHOP EXPLORING  
THE THOUGHTS, FEELINGS  
AND EMOTIONS  
SURROUNDING THE  
TRANSITION FROM YEAR 6  
TO YEAR 7, DESIGNED TO  
HELP YOUNG PEOPLE  
MANAGE THE CHANGE  
MORE EFFECTIVELY.**

**HELD ON 2 DAYS DURING  
THE SUMMER HOLIDAYS  
28TH JULY OR 22ND  
AUGUST 2025**

**RUNNING FROM  
12:45PM - 4:15PM  
AT LEIGH PARK  
COMMUNITY CENTRE ON  
DUNSBURY WAY**

**CALL: 02392 474724  
OR EMAIL:  
MANAGING.EMOTIONS@OTR-  
SOUTH.ORG.UK  
TO REGISTER YOUR INTEREST**

**NEW  
SCHOOL  
New  
Sprits**



ABC

